

Breakfast Menu

Variety of Fruit Juices

Orange, Cranberry, Apple, Grapefruit

Selection of Cereals

Cornflakes (1), Rice Krispies (1), Weetabix (1), Alpen (1, 7, 8)
Fruit & Fibre (1, 8), Granola (1, 8)

Natural Yoghurt

Served with Mixed Berry Compote (7)

Fruit

Fresh Fruit Salad, Grapefruit, Watermelon, Peaches, Prunes

Freshly Baked Wheaten Bread

& Pastries

Variety of Jams & Preserves



Full Irish Breakfast

Grilled Bacon, Pork Sausage (1), Grilled Tomato, Mushroom, White Pudding (1),
Black Pudding (1), Baked Beans (1), Fried Eggs (3),
Scrambled Eggs (3, 7)

Gluten Free Breakfast

Includes -

Grilled Bacon, Grilled Tomato, Mushrooms, Fried Eggs
Toasted Gluten Free Bread & Sausages available on request

Available to Order

Hot Porridge & Honey (1, 7)

Poached Eggs,

Fluffy Pancakes & Maple Syrup (1, 7)

Fish of the Morning (4) (€5 Supplement)

Please Allow 10 Minutes From Request to Order

Hot Beverages

Espresso, Cappuccino (7), Latte (7), Mocha (7),

Americano Hot Chocolate (7)

€2 Supplement Applies Above

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Herbal Teas

Selection of Herbal Teas Available

Allergens

1. Cereal Containing Gluten 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts
6. Soybeans 7. Milk 8. Nuts 9. Celery 10. Mustard 11. Sesame Seeds
12. Sulphur Dioxide & Sulphites 13. Lupin 14. Molluscs