

MAIN COURSES

Roast of the Day

Served with Potatoes & Vegetables (Contains 7, 9) €13.95

Battered Fish of the Day

Served with Tarter Sauce, Peas & Fries (Contains 1, 3, 4) €13.95

Hot Chicken Goujon Salad

Served with Garlic Croutons, Sundried Tomato, Baby Pears,
Sweet Chilli Sauce (Contains 1, 3, 7) €9.95

Add a Side for €2.75 Extra Choice of -Homemade Fries, Garlic Fries or Tossed Salad

TEA, COFFEE & LIGHT BITES

Tea	€2.50	Homemade Scones
Americano	€2.50	Choose from - Plain, Fruit, Cherry, Cinnamon,
Herbal Tea	€3.00	Raspberry & White Chocolate €2.40
Espresso	€2.50	Traybakes A Selection of Homemade Traybakes €1.95
Café Mocha	€3.20	
Cappuccino	€3.00	
Irish Coffee	€7.00	
Latte	€3.00	
Bailey's Coffee	€7.00	
Italian Coffee	€7.00	
Hot Chocolate	€2.80	

Gluten Free Options Available (Ask Server)

Allergens -

- 1. Cereal with Gluten 2. Crustaceans 3. Eggs 4. Fish
- 5. Peanuts 6. Soybeans 7. Milk 8. Nuts 9. Celery 10.

Mustard 11. Sesame Seeds 12. Sulphur Dioxide & Sulphite

13. Lupin 14. Molluscs



HOMEMADE SOUPS

Chef's Soup of the Day

Served with Brown Bread or Crusty Roll (Contains 1, 3, 7, 9) €4.20

CLASSIC TOASTIES

Club Sandwich

3 Tier Toastie of Chicken, Bacon, Lettuce, Tomato & Mayonnaise (Contains 1, 3, 7) €7.50

B.L.T

Toasted Bacon, Lettuce, Tomato & Mayonnaise Sandwich

(Contains 1, 3, 7) €6.50

Make Your Own

Choice of - Brown, White, Sourdough or Gluten Free Bread
Choice of 2 Fillings - Ham, Chicken, Tuna, Cheese, Egg & Onion, Turkey, Beef or Salad
(Contains 1, 3, 7)
Sandwich €4.00 | Toasted €4.50

OPEN SANDWICHES

Cajun Chicken

Hot Grilled Cajun Chicken with Dijon Dressing (Contains 1, 3, 7, 10) €7.95

Spiced Curry Chicken

Cream Spiced Curry Chicken, Spring Onion, Raisins, Coriander & Toasted Almonds (Contains 1, 3, 7, 8, 10) €7.95

Honey Coated Salmon

Warm Honey Coated Salmon, Crispy Capers, with Lemon & Honey Dressing

All Open Sandwiches Served on Wheaten Bread with Mixed Leaves, Red Onion, Tomato, Egg & Avocado

Homemade Seafood Chowder

Served with Wheaten Bread (Contains 1, 2, 4, 7, 14) €5.95

WRAPS

Sweet Chilli Chicken

Sweet Chilli Chicken, Salsa (Contains 1, 9) €7.50

Chicken Caesar

Chicken Caesar, Cos Lettuce, Garlic Crutons, Crispy Bacon, Carmelised Red Onion & Caesar Dressing

(Contains 1, 3, 10) €7.50

Mediterranean Veg

Mediterranean Vegetable, Spiced Hummus, Avocado & Tomato

(Contains 1) €7.50

All Wraps Served with House Salad Garnish

SOFT CIABATTA

BBQ Pulled Pork

Slow Cooked Pulled Pork, Crispy Slaw, with BBQ Sauce

(Contains 1, 3, 10) & 8.50

Salt & Chilli Chicken

Salt & Chilli Chicken, Spring Onion, Peppers, with Chilli Sauce

(Contains 1, 3, 7, 10) $\in 8.50$

All Ciabatta Served with House Salad Garnish

Add a Side to Any Order for €2.75 Extra Choice of - Homemade Fries, Garlic Fries or Tossed Salad