



## HOMEMADE SOUPS

### Chef's Soup of the Day

Served with Brown Bread or Crusty Roll

(Contains 1, 3, 7, 9) €4.95

### Homemade Seafood Chowder

Served with Wheaten Bread

(Contains 1, 2, 4, 7, 14) €6.95

## CLASSIC TOASTIES

### Club Sandwich

3 Tier Toastie of Chicken, Bacon,  
Lettuce, Tomato & Mayonnaise

(Contains 1, 3, 7) €7.95

### B.L.T

Toasted Bacon, Lettuce, Tomato &  
Mayonnaise Sandwich

(Contains 1, 3, 7) €6.95

### Make Your Own

**Choice of** - Brown, White, Sourdough or  
Gluten Free Bread

**Choice of 2 Fillings** - Ham, Chicken, Tuna, Cheese,  
Egg & Onion, Turkey, Beef or Salad

(Contains 1, 3, 7)

**Sandwich €4.50 | Toasted €4.95**

## WRAPS

### Sweet Chilli Chicken

Sweet Chilli Chicken, Salsa

(Contains 1, 9) €7.95

### Chicken Caesar

Chicken Caesar, Cos Lettuce, Garlic Crutons,  
Crispy Bacon, Red Onion  
& Caesar Dressing

(Contains 1, 3, 10) €7.95

### Mediterranean Veg

Mediterranean Vegetable, Spiced Hummus,  
Avocado & Tomato

(Contains 1) €7.95

*All Wraps Served with House Salad Garnish*

## OPEN SANDWICHES

### Cajun Chicken

Hot Grilled Cajun Chicken with Dijon Dressing

(Contains 1, 3, 7, 10) €8.50

### Spiced Curry Chicken

Cream Spiced Curry Chicken, Spring Onion,  
Raisins, Coriander & Toasted Almonds

(Contains 1, 3, 7, 8, 10) €8.50

### Honey Coated Salmon

Warm Honey Coated Salmon, Crispy Capers,  
with Lemon & Honey Dressing

(Contains 1, 3, 4, 7) €8.95

*All Open Sandwiches Served on Wheaten Bread  
with Mixed Leaves, Red Onion,  
Tomato, Egg & Avocado*

## SOFT CIABATTA

### BBQ Pulled Pork

Slow Cooked Pulled Pork, Crispy Slaw,  
with BBQ Sauce

(Contains 1, 3, 10) €8.95

### Salt & Chilli Chicken

Salt & Chilli Chicken, Spring Onion, Peppers,  
with Chilli Sauce

(Contains 1, 3, 7, 10) €8.95

*All Ciabatta Served with House Salad Garnish*

**Add a Side to Any Order for €3.00 Extra**  
**Choice of** - Homemade Fries, Garlic Fries or  
Tossed Salad



## MAIN COURSES

### Roast of the Day

Served with Potatoes & Vegetables

(Contains 7, 9) €14.95

### Battered Fish of the Day

Served with Tarter Sauce, Peas & Fries

(Contains 1, 3, 4) €15.95

### Hot Chicken Goujon Salad

Served with Garlic Croutons, Sundried Tomato, Baby Pears,

Sweet Chilli Sauce (Contains 1, 3, 7) €11.95

Add a Side for €3.00 Extra

Choice of -

Homemade Fries, Garlic Fries or  
Tossed Salad

## TEA, COFFEE & LIGHT BITES

Tea	€3.00
Americano	€3.00
Herbal Tea	€3.00
Espresso	€2.50
Café Mocha	€3.30
Cappuccino	€3.20
Irish Coffee	€7.50
Latte	€3.30
Bailey's Coffee	€7.50
Italian Coffee	€7.50
Hot Chocolate	€3.30

### Homemade Scones

Choose from - Plain, Fruit, Cherry, Cinnamon,  
Raspberry & White Chocolate €2.70

Gluten Free Options Available (Ask Server)

#### Allergens -

1. Cereal with Gluten 2. Crustaceans 3. Eggs 4. Fish  
5. Peanuts 6. Soybeans 7. Milk 8. Nuts 9. Celery 10.  
Mustard 11. Sesame Seeds 12. Sulphur Dioxide & Sulphite  
13. Lupin 14. Molluscs