



## Menu

### Sandwiches | Speciality Sandwiches | Wraps | Soups

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#### Sandwich €4.00 | Toasted Sandwich €4.50

Choice of Brown, White or Gluten Free Bread  
Choice of 2 Fillings - Ham, Chicken, Tuna, Cheese,  
Egg & Onion, Turkey, Bacon, Beef or Salad  
1, 3, 7

#### Speciality Sandwiches €7.50

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##### Fara's Club Sandwich

3 Tier Toasty of Chicken, Bacon,  
Lettuce, Tomato & Mayonnaise  
1, 3, 7

##### B.L.T

Toasted Bacon, Lettuce, Tomato &  
Mayonnaise Sandwich  
1, 3, 7

##### Red Pepper & Harissa Hummus

Red Pepper & Harissa Hummus on Sun-dried  
Tomato Bread with Mixed Olives (1, 7)

##### Mediterranean Veg

Mediterranean Vegetables, Buffalo Mozzarella  
Cheese, Spiced Tomato Salsa on Sun-dried Bread  
1, 3, 7

### Soups

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#### Chefs Soup of the Day

€4.20

Served with Brown Bread or Crusty Roll  
1, 3, 7, 9

#### Speciality Sandwich & Soup

€8.50

#### Homemade Seafood Chowder

€5.95

Served with Wheaten Bread  
1, 2, 4, 7, 14

#### Speciality Sandwich & Chowder

€9.00

### Wraps €9.95

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#### Sweet Chilli Chicken

Sweet Chilli Chicken Wrap with Salsa, House Salad  
& Chips  
1, 9

#### BBQ Pulled Pork

BBQ Pulled Pork Wrap with House Salad & Chips  
1

Gluten Free Options Available (Ask Server)

1. Cereal with Gluten 2. Crustaceans 3. Eggs 4. Fish 5. Peanuts 6. Soybeans 7. Milk  
8. Nuts 9. Celery 10. Mustard 11. Sesame Seeds 12. Sulphur Dioxide & Sulphite 13. Lupin 14. Molluscs