



## AUTUMN • WINTER SPA TREATMENT OFFERS

### Indulge Yourself

€110

Indulge yourself with a Luxury Chocolate Delight Body Wrap. This deeply nourishing therapy begins with a stimulating chocolate body scrub to buff away old skin cells before a warming full body chocolate envelopment with a rich, sensual aroma. This treatment is followed by a mind calming Indian Head Massage. Package begins with a 60 minute Spa Thermal Suite Session. (2hrs 45min)

### Salon Special

€69

Let us pamper you in the salon with a relaxing Hair & Scalp Treatment followed by a Wash & Blow-dry and finishing off the look with an OPI Mini Manicure. (1hr 30min)

### Pamper & Preen

€85

Immerse yourself in relaxation with a 60 minute Spa Thermal Suite Session together with a Mini Hot Oil Indian Head Massage followed by a Hot Oil Back, Neck & Shoulder Massage. The Treatment concludes with a Wash & Blow-dry in the Salon. (2hrs 30min)

### Trio of Treats

€85

Designed for those in need of a 'little bit of everything'. Find your inner calm with a 60 minute Spa Thermal Suite Session followed by any three of the following treatments:

- Back, Neck & Shoulder Massage
  - Mini Facial
  - Foot Treatment
  - Hand Treatment
  - Mini Indian Head Massage
- (2hrs 15min)

## FACIAL TREATMENTS

### Neo Age Facial

€90

This advanced facial combines an exclusive formula with an energetic massage technique based on facial yoga and facial cupping to achieve smoother skin and a more rested expression. This facial boasts unprecedented benefits in the reduction of dynamic and static wrinkles. (75 min)

### City-proof Facial

€89

Brighten and revitalise the skin with this super charged facial. The city-proof facial provides a cutaneous shield that neutralises oxidative stress caused by every day pollution. It results in skin that is more oxygenated with increased vitality and luminosity. (75 min)

### Time Expert Rides

€100

This advanced facial is a professional skin treatment with proven results that work against facial expression lines and wrinkles. This treatment works effectively against wrinkles from within, filling in and inhibiting the formation of new expression lines. (75 min)

## BODY TREATMENTS

### Body Exfoliation

€60

An exceptional skin softening treatment, the exfoliation removes dead skin cells from the outer layers of the skin. Benefits include hydrating, brightening and improving the skin's appearance together with improved circulation. (30 min)

### Reflexology

€85

Reflexology is an ancient Chinese technique using pressure-point massage on the feet to restore the flow of energy throughout the body. The benefits include its ability to stimulate nerve function, increase energy, boost circulation, eliminate toxins and induce a deep state of relaxation. (60 min)

## BROW, BEAUTY & BLOW-DRY BAR

Lash Lift from €35

Brow Lamination from €25

Blow-drys from €20