Welcome,

Treat yourself to pure indulgence in a sanctuary of peace and tranquility and let our experienced spa therapists surrender your mind, body and soul to a deep sense of wellbeing.

How to Spa

For your comfort, we will provide you with a luxurious robe, towels and all amenities required for use during your visit. We advise that you bring swimwear for spa treatments. Dark swimwear is advised for the Razul.

Our Spa facilities include a relaxation room, hydrotherapy pool, crystal steam room, tropical showers, razul mud chamber together with seven treatment rooms and an onsite hair, beauty and nail bar.

The minimum age requirement for access to the Spa and to experience treatments is 16 years. When availing of a treatment, we encourage you to arrive at least 15 minutes prior to your treatment.

To avoid disappointment, it is our recommendation that you pre-book your treatments in advance. Please let us know at the time of booking if you have any special requirements.





Facial Treatments

We offer a vast range of facial and advanced facial treatments which begin with a detailed consultation and an in-depth skin analysis.

We will then tailor your facial to include a cleanse, an exfoliation, a treatment specific massage, a mask and an intensive serum. All products are from professional spa brand, Germaine de Capuccini.

The hands of our highly trained therapists use a combination of massage techniques to reduce the signs of aging. These targeted facial treatments will gently but firmly take on the challenges of sensitivity, oiliness and dullness for a healthier more vibrant complexion.

Facials

So Delicate Facial €85

- Ideal for sensitive skin
- Relieves, comforts & softens sensitive skin
- Hydrates & nourishes skin barrier
- Reduces sensitivity & redness (60 Min.)

Deep Cleansing Facial €

- Ideal for oily skin types
- Targets dead skin & impurities
- Detoxes and balances skin (60 Min.)

Advanced Facials

Timexpert Rides Collagen Boost €105

- Combats fine expression lines & deep wrinkles
- Stimulates new cell growth to prevent further wrinkles from appearing
- Formula contains high concentrations of Pro-Collagestine Fill Technology & Micro-dermoxine Complex® (75 Min.)

Purexpert Facial

- Ideal for combination or oily skin types
- Uses natural ingredients
- Reveals pure and uniform skin
- Reduces large pores and skin irregularities

- Luminates skin tone (75 Min.)

Oxygenating Facial

€95

- Ideal for dry, dehydrated or pollution damaged skin
- Uses oxygen to boost skin for a refreshed look
- Hydrates for smoother & illuminated skin (75 $\,$ Min.)

Timexpert Radiance C+ Facial €95

- Ideal for smokers or pollution damaged skin
- Anti-glycation treatments to fight skin ageing
- Uses pure Vitamin C and Japanese plum extracts
- Firms and tones skin (75 Min.)

Timexpert Hydraluronic Facial €95

- New anti-ageing line for all skin types
- 24-hour hydration
- Plumping effect that fills in wrinkles
- Protects skin against dehydration (75 Min.)

Global Anti-aging Facial €105

- Ideal for mature or dry skin
- Targets wrinkles, flaccidity, lack of skin tone & pigmentation
- Corrects dry and hormone deficient skin
- Creates glowing and luminous skin (75 Min.)

Timexpert Rides Facial €120

- Advanced Facial to reduces expression lines
- Increases natural collagen production
- Diminishes the signs of ageing
- (75 Min.)

Timexpert Lift(in) Facial €120

- Ideal for loss of elasticity of the skin
- Stimulates collagen production Rejuvenates, firms and lifts skin
- Increases the skin's natural volume (75 Min.)

Body Treatments

Experience the ultimate in relaxation with a body treatment at the V Spa. Choose from Massage, Holistic, Wraps and Exfoliation Scrubs. Each treatment is designed and tailored to ensure you experience the physical and emotional therapeutic benefits suited to your needs.

Massage Swedish Back, Neck & Shoulder Massage (30Min.) €65 Foot & Leg Massage (30Min.) €65 Swedish Full Body Massage (60 Min.) €95 Pregnancy Massage (60Min.) €95 Head-to-Toe Massage (90 Min.) €120

Hot Oil Massage (60 Min.) Hot Oil Massage (90 Min.)

Holistic Treatments Indian Head Massage (45 Min) €79

Reflexology (60 Min.)	€95
Hot Candle Massage (90 Min.)	€13

Hot Stone Body Massage (75 Min.) €12 0
Hot Stone Back, Neck,	
& Shoulder Massage (45 Min.)	€79

		,	
Aromatherapy	Massage	(75 Min.)	€II

Aroma Half Body Massage (45 Min.) €79

Spa Exfoliations

Bamboo Bliss	€65
Extreme Exfoliation	€65
Chocolate Chip	€65
Lavender Scrub	€65
(30 Min.)	

Body Wraps

Chocolate Delight (60 Min.)	€II
Lavender Sperience (60 Min.)	€II

Spa Day Packages

Twice as Nice (2 guests) €300 - Spa Thermal Suite Session

- Half Body Aromatherapy Massage
- Tailored Facial
- Scalp Massage (2hrs 30mins)

Couples Spa Day (2 guests) €340

- Spa Thermal Suite Session - Razul Mud Detox
- Hot Oil Candle Back Massage
- Prescription Facial
- Scalp Massage (3 Hrs 30 Min.)

Revitalising Refresh €155

- Spa Thermal Suite Session
- Full Body Massage - Prescription Facial

(3 Hrs)

Maternity Packages

Bump & Me €155

- Full Body Maternity Massage
- Hydrating Facial & Scalp Massage
 (2 Hrs)

Me & My Little VIP €120 Choose ANY Two:

- Back Massage & Reflexology
- Anti-Fatigue Facial & Back Massage
- Indian Head Massage & Deluxe Foot Treatment (1 hr 30 min.)

Medi Spa

Ask about our full range of Medi Spa treatments including micro-needling and Epionce skin peels.

February 2023

SPA Nail & Brow Bai

Nails

€55

Beauty Treatments

Spa Manicure

- Hand & Nail Treatment

- Finished with a polish of your choice (60 Min.)

Spa Pedicure €5

- Deeply soothing & nourishing
- Finished with a polish of your choice

Hair Removal

- Body Sugaring
- Laser Hair Removal
 Information available on request.

Gel Polish (Hands & Feet)

Henna Brows

File & Paint (Hands or Feet)

Gel Polish (Hands or Feet)

File & Paint (Hands & Feet)

€30

€35

€55

€60

€30

Brows & Lashes Eye Brow Shape (Wax/Tweeze/Thread) €15 Eye Trio: Lash Tint/Brow Tint & Brow Shape €35

2/0 11101 2asii 11116 21011 11116 a 21011 011ape	
Brow Shape & Tint	€20
Lash Lift	€50
Brow Lamination	€45

