Welcome,

Treat yourself to pure indulgence in a sanctuary of peace and tranquility and let our experienced spa therapists surrender your mind, body and soul to a deep sense of wellbeing.

How to Spa

For your comfort, we will provide you with a luxurious robe, towels and all amenities required for use during your visit. We advise that you bring swimwear for spa treatments. Dark swimwear is advised for the Razul.

Our Spa facilities include a relaxation room, hydrotherapy pool, crystal steam room, tropical showers, razul mud chamber together with seven treatment rooms and an onsite hair, beauty and nail bar.

The minimum age requirement for access to the Spa and to experience treatments is 16 years. When availing of a treatment, we encourage you to arrive at least 15 minutes prior to your treatment.

To avoid disappointment, it is our recommendation that you pre-book your treatments in advance. Please let us know at the time of booking if you have any special requirements.





Facial Treatments

We offer a vast range of facial and advanced facial treatments which begin with a detailed consultation and an in-depth skin analysis.

We will then tailor your facial to include a cleanse, an exfoliation, a treatment specific massage, a mask and an intensive serum. All products are from professional spa brand. Germaine de Capuccini.

The hands of our highly trained therapists use a combination of massage techniques to reduce the signs of aging. These targeted facial treatments will gently but firmly take on the challenges of sensitivity, oiliness and dullness for a healthier more vibrant complexion.

Facials

So Delicate Facial

€75

- Ideal for sensitive skin
- Relieves, comforts & softens sensitive skin
- Hydrates & nourishes skin barrier
- Reduces sensitivity & redness (60 Min.)

Hyradacure Facial

- Ideal for dry & dehydrated skin
- Intensely hydrates skin
- Delays the signs of ageing
- Uses thermal water from Japanese springs (60 Min.)

€75 **Deep Cleansing Facial**

- Ideal for oily skin types
- Targets dead skin & impurities
- Detoxes and balances skin (60 Min.)

Medi Spa

Ask about our full range of Medi Spa treatments including micro-needling and Epionce skin peels.

Advanced Facials

Oxygenating Facial €89

- Ideal for dry, dehydrated or pollution damaged skin
- Uses oxygen to boost skin for a refreshed
- Hydrates for smoother & illuminated skin (75 Min.)

Vitamin Glow Facial €89

- Ideal for smokers or pollution damaged skin
- Anti-glycation treatments to fight skin ageing
- Uses pure Vitamin C and Japanese plum extracts
- Firms and tones skin (75 Min.)

Timexpert Rides Facial €100

- Advanced Facial to reduces expression lines
- Increases natural collagen production
- Diminishes the signs of ageing (75 Min.)

Timexpert Lift(in) Facial €120

- Ideal for loss of elasticity of the skin
- Stimulates collagen production
- Rejuvenates, firms and lifts skin
- Increases the skin's natural volume (75 Min.)

€100 Global Anti-aging Facial

- Ideal for mature or dry skin
- Targets wrinkles, flaccidity, lack of skin tone & pigmentation
- Corrects dry and hormone deficient skin

€80

- Creates glowing and luminous skin (75 Min.)

Purexpert Facial

- Ideal for combination or oily skin types
- Uses natural ingredients
- Reveals pure and uniform skin
- Reduces large pores and skin irregularities
- Luminates skin tone (75 Min.)

Body Treatments

Massage Menu

Swedish Back, Neck

Head-to-Toe Massage (90 Min.)

& Shoulder Massage (30Min.)

Foot & Leg Massage (30Min.)

Pregnancy Massage (60Min.)

Holistic Treatments

Hot Stone Body Massage (75 Min.) €95

Hot Stone Back Massage (45 Min.) €69

Aromatherapy Massage (75 Min.) €90

Aroma Half Body Massage (45 Min.) €75

Indian Head Massage (45 Min.)

Reflexology (60 Min.)

Hot Oil Massage (60 Min.)

Swedish Body Massage (60 Min.)

Experience the ultimate in relaxation with a body treatment at the V Spa. Choose from Massage, Holistic, Wraps and Exfoliation Scrubs. Each treatment is designed and tailored to ensure you experience the physical and emotional therapeutic benefits suited to your needs.

Spa Day Packages

Wellbeing Spa Day

€230

€300

- Spa Thermal Suite Session
- Razul Mud Detox
- Full Body Exfoliation
- Oxygenating Facial
- Scalp Massage (4 Hrs)

Couples Spa Day

- Spa Thermal Suite Session
- Razul Mud Detox
- Hot Oil Candle Back Massage
- Prescription Facial

€85

€60

€60

€75

€89

- Scalp Massage (3 Hrs 30 Min. - Per Couple)

€145 **Revitalising Refresh**

- Spa Thermal Suite Session
- Full Body Massage
- Prescription Facial

(3 Hrs)

Maternity Packages

Bump & Me

(2 Hrs)

Spa Exfoliations

Bamboo Bliss Extreme Exfoliation €60 **Chocolate Chip Baobab Experience**

(30 Min.) D - d. . \ \ /

Body vvraps	
Chocolate Delight	€90
(60 Min.)	

€145

- Full Body Maternity Massage €85 - Hydracure Facial & Scalp Massage

Me & My Little VIP €99 Choose ANY Two:

- Back Massage
- Reflexology
- Anti-fatigue Facial
- Indian Head Massage
- File & Paint (Hands or Feet) (1 Hr 30 Min.)

Bundle of Joy

- Spa Foot Treatment
- Recovery Facial (1 Hr) Add File & Paint for €15

€80