NAILS

Luxurious OPI Manicures & Pedicures

Designed to protect & nourish your hands & feet

Spa Manicure **◆** €60

Nourishing Hand & Nail Treatment Finished with a Polish of your choice (60min)

Spa Pedicure **→** €60

Deeply Soothing & Nourishing Foot & Nail Treatment Finished with a Polish of your choice (60min)

BROWS

Eye Brow Shape (Wax/Tweeze/Thread)	€15
Eye Trio (Lash, Brow Tint & Brow Shape)	€35
Brow Shape & Tint	€20

Glitterbels Gel Polish

Vegan, Cruelty & Hema-Free Gel Polish

File & Paint (Hands or Feet)	€20
Gel Polish (Hands or Feet)	€25
Gel Polish (Hands & Feet)	€45
BIAB Add-on	€10
Gel Polish Removal Only	€15

HAIR REMOVAL

Body Sugaring
Waxing
Information available on request



FACIAL TREATMENTS

We offer a vast range of facial & advanced facial treatments which begin with a detailed consultation & an in-depth skin analysis.

We will then tailor your facial to include a cleanse, exfoliation, a treatment specific massage, a mask & an intensive serum. All products are from professional spa brand, Germaine de Capuccini.

The hands of our highly trained therapists use a combination of massage techniques to reduce the signs of ageing. These targeted facial treatments will gently but firmly take on the challenges of sensitivity, oiliness & dullness for a healthier, more vibrant complexion.

FACIALS

So Delicate Facial **→ €95**

- Ideal for Sensitive Skin
- Relieves, Comforts & Softens Sensitive Skin
- Hydrates & Nourishes Skin Barrier
- Reduces Sensitivity & Redness (60 mins)

Deep Cleansing Facial ◆ €95

- Ideal for Oily Skin Types
- Targets Dead Skin & Impurities
- Detoxes & Balances Skin

(60 mins)

ADVANCED FACIALS

TimExpert Wrinkle-less Facial ◆ €120

- Combats all types of wrinkles
- Minimises existing wrinkles and prevents new ones from forming
- Provides plumping effect and enhances skin's elasticity

(75 mins)

PureExpert Facial ◆ €90

- Ideal for Combination or Oily Skin Types
- Uses Natural Ingredients
- Reveals Pure & Uniform Skin
- Reduces Large Pores & Skin Irregularities
- Aluminates Skin Tone (75 mins)

Oxygenating Facial ♦ €95

- Ideal for dry, dehydrated or pollution damaged skin
- Uses Oxygen to boost Skin for a Refreshed look
- Hydrates for Smoother & Illuminated Skin

(75 mins)

TimExpert Radiance C+ Facial → €95

- Ideal for Smokers or Damaged Skin
- Anti-Glycation Treatments to fight Skin Ageing
- Uses pure vitamin C & Japanese Plum Extracts
- Firms & Tones

(75 mins)

TimExpert Hyaluronic Facial → €95

- New Anti-Ageing Line for all Skin Types
- 24 Hour Hydration
- Plumping effect that fills in wrinkles
- Protects Skin against dehydration (75 mins)

Global Anti-Ageing Facial → €105

- Ideal for Mature or Dry Skin
- Targets wrinkles, flaccidity, lack of skin tone & pigmentation
- Corrects dry & hormone deficient skin
- Creates glowing & luminous skin (75 mins)

TimExpert Lift(in) Facial → €120

- Ideal for loss of elasticity of the skin
- Stimulates collagen production
- Rejuvenates, firms & lifts skin
- Increases the skin's natural volume (75 mins)

MASSAGE

Swedish Back, Neck & Shoulder	€65
Massage (30 Mins)	
Foot & Leg Massage (30 Mins)	€65
Swedish Fully Body Massage	€95
(60 Mins)	
Pregnancy Massage (60 Mins)	€95
Head-to-Toe Massage (90 Mins)	€120
Hot Oil Massage (60 Min)	€99
Hot Oil Massage (90 Min)	€125
<u> </u>	

Oncology/Cancer Care Massages

Our therapists are trained to adapt their massage to meet the unique needs of our guests through their treatment journey.

HOLISITIC MASSAGE

ndian Head Massage (45 Mins)	€79
Reflexology (60 Mins)	€95
Hot Candle Massage (90 Mins)	€135
Hot Stone Body Massage (75 Mins)	€120
Hot Stone Back, Neck & Shoulder	
Massage (45 Mins)	€79
Aromatherapy Massage (75 Mins)	€110
Aroma Half Body Massage (45 Mins) €79

SPA EXFOLIATIONS

Extreme Exfoliation	€63
Lavender Scrub	€63
(30 Mins)	

BODY TREATMENTS

Lavender Sperience **→ €110**

• Full Body Exfoliation & Hydrating Mask (1hr 30 mins)

Vibrant Rebirth ◆ €135

Holistic spa experience treating both body and mind

- Full Body Exfoliation
- Full Body Massage (1hr 30 mins)

SPA DAY PACKAGES

Twice as Nice (2 guests) + €300

- Spa Thermal Suite Session
- Half Body Aromatherapy Massage
- Tailored Facial
- Scalp Massage

(2hrs, 30 mins)

Couples Spa Day (2 guests) → €340

- Spa Thermal Suite Session
- Razul Mud Detox
- Hot Oil Candle Back Massage
- Prescription Facial
- Scalp Massage

(3hrs, 30 mins)

Revitalising Refresh ♦ €165

- Spa Thermal Suite Session
- Full Body Massage
- Prescription Facial

(3hrs)

MATERNITY PACKAGES

Bump & Me + €165

- Full Body Maternity Massage
- Hydrating Facial & Scalp Massage (2hrs)

Me & my Little VIP ♦ €130

Choose ONE of the following Packages:

- Back Massage & Reflexology
- Back Massage & Reflexology
 Anti-Fatique Facial & Back Massage
- Indian Head Massage & Deluxe Foot Treatment

(1hr 30 mins)

MEDI SPA

Ask about our full range of Medi Spa treatments including Micro-Needling & ClinicCare Skin Peels